*Adcrp.org – full bio*

For over forty years, Evelyn Elsaesser has been researching experiences related to death, namely Near-Death Experiences (NDEs) and After-Death Communications (ADCs). She has published several books translated into many languages, chapters in collective works, and articles in scientific journals on these topics.

For several decades, she had focused her research activities on Near-Death Experiences (NDEs). Her first book entitled **“On the Other Side of Life: Exploring the Phenomenon of the Near-death Experience”** was published in 1997. With this book, she initiated a cross-disciplinary dialogue, previously absent from the debate on NDEs, with prestigious academics from the fields of psychology, physics, philosophy, theology, and spirituality.

She co-authored **“Lessons from the Light: What We Can Learn from the Near-Death Experience”** (new edition in 2024) with Professor Emeritus Kenneth Ring. The book is primarily intended for those who have never experienced an NDE themselves but wish to learn the practical lessons for living and dying offered by these powerful experiences.

With the desire to share the insights of NDEs with the public in a non-academic context, she wrote a novel entitled **“Talking with Angel about Illness, Death and Survival”**, published in 2023 in a new edition. This novel, dedicated to spiritual guidance at the end of life, features a young girl suffering from leukaemia. She eventually realizes that she is going to die and receives hope and comfort through nightly conversations with her doll, Angel, who helps her embrace a new perspective on dying and the possibility that consciousness may survive after death. Although the protagonist is a young girl, this is a novel for adults.

Subsequently, she moved her research focus to spontaneous and direct After-Death Communications (ADCs). She wrote a book entitled in French **« Quand les défunts viennent à nous : Histoires vécues et entretiens avec des scientifiques ».** In this book, she presents the state of knowledge on ADCs, illustrated by numerous testimonies and supported by the informed opinions of renowned scientists. After its publication, Evelyn received hundreds of emails and letters from readers expressing their relief at finally being able to put a name to their experiences, which had deeply comforted and transformed them, but which they had often never heard of before, leading them to believe that they were the only ones who had experienced them.

In fact, ADCs are common. Between 50 and 60% of the population has experienced one or more ADCs during their lifetime. However, this major societal phenomenon has been largely ignored and was virtually absent from scientific research, the media and public debate. It became clear to Evelyn that the time was ripe to undertake a large-scale research project devoted to ADCs. She designed a research project in order to secure a grant that was generously awarded to her by a foundation that wishes to remain anonymous. Once the project team was constituted, the long-term international research project entitled *“Investigation of the Phenomenology and Impact of Direct and Spontaneous After-Death Communications (ADCs)”* began in February 2018 and is currently ongoing. By conducting this large-scale project, Evelyn and her colleagues are bringing visibility and credibility to ADCs. One of the team's main objectives is to *normalize* ADCs and enable experients to share their experiences with their friends and family who, in the best-case scenario, are already knowledgeable about the phenomenon.

Evelyn published the research findings from the first ADC surveys conducted in English, French and Spanish with more than 1,000 participants, illustrated by numerous testimonies, in her latest book “**Spontaneous Contacts with the Deceased: A Large-Scale International Survey Reveals the Circumstances, Lived Experience and Beneficial Impact of After-Death Communications (ADCs)”**, published in 2023. The book, which has been published in five languages to date, has received the 2023 Book Award from the Scientific and Medical Network.

Evelyn’s personal Website: [www.evelyn-elsaesser.com](http://www.evelyn-elsaesser.com)